

Books and References

The following books and references can be helpful on your journey together. Reading material together regularly and discussing them in a loving way that seeks understanding and health will be incredibly valuable in your life together. Please look for PRACTICAL ways to implement the things you learn and to build habits that will make you both incredible in your role as a spouse.

- Dr. John Gottman
 - The Seven Principles for Making Marriage Work
 - The Relationship Cure: A 5-Step Guide to Strengthening Your Marriage, Family, and Friendships
 - Eight Dates: Essential Conversations for a Lifetime of Love
- Dr. Gary Chapman
 - The 5 Love Languages
 - The 5 Apology Languages
 - The DNA of Relationships
- The Love Dare - Movie and Book
- Timothy Keller
 - The Meaning of Marriage: Facing the Complexities of Commitment with the Wisdom of God
- Dr. Emerson Eggerichs
 - Love and Respect
- Sue Johnson
 - Hold Me Tight
- Dr. Henry Cloud and Dr. John Townsend
 - Boundaries in Marriage

- Jimmy Evans
 - Marriage on the Rock
- Gary Thomas
 - Sacred Marriage
- Willard Harley
 - His Needs Her Needs
- Shaunti Feldhan
 - For Women Only
 - For Men Only
- Milan and Kay Yerkovich
 - How We Love, Expanded Edition: Discover Your Love Style, Enhance Your Marriage
- Gary Smalley and Dr. John Trent
 - The Language of Love
 - The Two Sides of Love: the secret to valuing differences
- Bill and Pam Farrell
 - Men are like waffles, Women are like spaghetti
- Francis Chan
 - You and Me Forever: Marriage in Light of Eternity

Finding workbooks, devotionals and other materials can be helpful. Also, going to couples retreats and conferences and staying plugged into couples Bible Studies can keep you open and aware of things you need to be paying attention to.